**NAMI Grand Rapids Area - Board Meeting Minutes**

**April 10th, 2023 5:30 – 7:00 p.m. (via ZOOM)**

1. Call to order by Board PresidentMarian Barcus at 5:34 p.m. In attendance: Marian Barcus, Jenny Wettersten, Mark Hager, Shane Troumbly, Jeff Carlson (left at 6:30 pm), and Dan Seward
2. Motion to approve minutes from last meeting made by Jeff Carlson, second by Mark Hager. Motion carried.

1. Treasurer’s report by Mark Hager. Balance of $31, 000-32,000.
   1. VFW donated $1,000 to GR NAMI
   2. Jenny motioned for us to pay for two NAMI members to go to national convention. Total cost = $1,000 (registration and lodging). Attendees would be Marian and Ann Saxhaug. Second by Shane. Motion carried.
   3. Marian ordered wrist bands and sharpies with NAMI info/crisis line number. Cost < $500, so board approval not needed.
   4. Marian motioned to approve financial report provided by Mark. Second by Shane. Motion carried.

**5.** Committee Reports

1. Education/Outreach- update provided by Marian. Meeting monthly.
   1. Planning re: May Mental Health Month
   2. Confirmed for First Friday, May 5th: “Waiting for a Bed” exhibit at MacRostie Art Center. Marian will attend. Need one more volunteer.
   3. May 6th, Stomp on Stigma walk – we have been beneficiaries in past. We will help publicize, and consider forming a team to register and walk.
   4. May 11 – plan to stage a panel presentation during 12-1:30 pm time frame. Hybrid of in-person panel and virtual. Panel will involve the topic of an EmPath Unit, including Deb Overlee (SW) from Fairview inpatient psych. Other representatives to include consumers, and North Homes. Lunch provided for those attending in-person.
   5. Pulled Pork Sandwich Stand – May 13, Winnie Trading Post.
   6. May 5th Drone View event – Deer River. Grand Rapids/Greenway interested in also doing the event. Still working out who can come – schools will decide. Hoping for EMS, various mental health groups. Shane ordering 988 related swag. Waiting to hear back from N-K and Bigfork.
   7. Jail tour invitation. Marian to survey board members regarding a possible date. Limited to 8 people.
2. Membership
3. Member retention report by Mark. Recent decline. Need to send prompts to folks to renew memberships. Also prompt regarding involvement/volunteering.
4. Need another board member. Jenny to consider others from the Substance Use Tx community. Look to representatives from SU Tx, school counselors, Bigfork, Leech Lake, etc.

**6.** Old Business

A. March 20th meeting, f/u from Change Makers Conference. Developed plan to reconvene in couple months – this regarding EmPath unit at GICH.

B. Marian contacted re: event at GICH emergency department occurance. PD called. Patient refused to leave ER. Patient jailed on trespass/obstruction charge. Mental Health professional contacted – recommended psychiatric assessment. Patient taken to Deer River and CRT called. CRT to discuss with GICH ER. More info forthcoming.

C. NAMI Scholarship for MN North College Itasca Campus Psych/HS program – Six applicants. Committee to review this week to select recipient. Working out actual transfer of funds.

D. Town Hall Caring for Kids meeting, Shane represented NAMI. Meeting recorded.

**7**. New Business

A. Grant application submitted to Faith Net re Mental Health awareness [Patrick and Marian].

B. Children’s Fair, CMH to cover on our behalf. Will provide some NAMI materials.

C. Innovation Grant – $20, 000 – $100,000. Marian reached out to Melissa George Humphrey at LL to ascertain if ideas may be a good fit (no response yet). Grant due at end of April. To reach out to LL HHS Director Earl Robinson.

D. Request from American Pediatric Association – seeking support on a letter toward congress – asking for money to support gun violence research. Marian to connect with state office to seek guidance; our local group to consider if this is within our scope.

E. Shane convening gathering of stakeholders to attend Itasca County Coalition for Suicide Prevention meeting.

F. Discussed phone call Marian received from Tom Johnson (Director of Lakeview) regarding his complaint of IMCare not funding a particular medication apparently administered to folks with depression/suicidality [S-Ketamine]. No action taken.

**8**. Marian adjourned the meeting at 7:10 p.m.

***NEXT MEETING: June 12, 2023 5:30 PM via Zoom***

*Recorded by: Jenny Wettersten*