**Sponsored By:**

**Support Group for Parents**



**Is your child on the Autism Spectrum or have INTENSE behavioral outbursts? THEN this is the support group for you!**

**WHEN:** First Tuesday of Every Month at 7pm

**WHERE:** YMCA (in the meeting rooms by the fireplace)

**WHAT:**

* A group for parents who could benefit from an hour of talking to other parents about successes and struggles in their journey.
* Topics of discussion will be determined based on the group’s needs/interests.
* The group will be facilitated by Valerie Hawkinson, MSW, LGSW who is a Mental Health Therapist.

Call 218-327-8937 or Email valerie@stenlundpsych.com with any questions or to gain additional information.

\*Light Refreshments will be provided.

