This confidential and safe group meets at the

Kiesler Wellness Center 3130 SE 2nd Ave. Grand Rapids- 218-326-5114

January 16th at Kielser Wellness Center 5-7pm

Contact Mike Garner, PSS at 218-256-5739 to get involved

11:48 – Don’t be the one

How can we help? By supporting.

How can we support? By listening.

How can we understand? By learning prevention.

How can we learn about prevention? By attending open meetings.