**Mental Health Providers:**

**Anderson Jore Counseling:** 218-326-9781

Renee Jore Anderson, MS, LMFT, LADC

Mark Anderson, LADC

Victoria Beck, LICSW M

**Bradley R. Nelson:** 218-326-0783

Provides individual counseling, assessment,

Evaluation and education.

**Children’s Behavioral Health Services:**

218-326-999-9690 M

**Children’s Mental Health Services:**

218-327-4886

Lynette Schmidt MSW, LICSW M

Beth Prewett PsyD, LPCC

Dr. William Larsen, PhD, LP

Jessie Perkavich, MS LPCC

Tasha Connelly, MA, MFT

Michael Harbin, MSW, LGSW

Kelsey Unger, MS LPCC

Jollene Latvala, MSW, LGSW

Melissa Weidendorf, MS

Jenny Farber, MSW, LGSW

Kathy Field-Tabaka, MSW, LICSW

**Compass Behavioral Health:** 218-999-7750

Alex Meyer LGSW, LACD

Office within Modern M.O.j.O

Offers psychiatry, medication management, medication therapy and counseling, tele-psychiatry, genetic testing, behavioral counseling, addiction counseling, mental health assessment, chemical health assessment.

**Essentia Health – Deer River:** 218-246-8275

Tele-Psych for current patients

**Heather Rhodes, MS, LP:** 218-327-0887

Psychologist providing services including dealing with anxiety, panic, stress, depression, grief and loss, and chronic pain.

**Janine Hill, MS, LMFT:** 218-999-7552

Trained in Trauma Treatment Psychological Services LLC.

**Lakeview Behavioral Health:** 218-302-4468

Psychiatric consultations, med management, and tele-psychiatry. Ages 12+

Philip Valdez, Psy.D., LMFT, LADC

Ann Olsen, BS, LADC

Karl Olsen, LADC, ADC-MN

Dawna Mclaughlin, LADC

Thomas Johnson, CNP

Elizabeth Erickson, LADC

Louise Dewey, APRN, PMHNP-BC

Dana Butler, LMFT

Lisa Bildeaux, therapist intern

Maria Asplund, LADC intern

**Lakeview Behavioral South location (Rapids Counseling):** 218-327-2001 Alcohol and drug counseling.

**Lisa Adamich, MS, LICSW:** 218-259-9417

Works with individuals and family therapy.

**Loie Meyer, MA, LMFT:** 218-327-7267

Marriage and family therapy.

**Mary Linnihan, LP:** 218-244-9414

Psychologist dealing with adults and adolescents with anxiety, depression, grief, EMDR, and relationship issues.

**Modern M.O.j.O:** 218-999-7750

Tracy Zimmerman-Deschepper, APRN

Medication management, therapy, and testing services. M

**Northland Counseling Center:** 218-326-1274

Jennifer Alstad, MS. ED., LMFT

Angie Baratto, MA, LPCC

Jim Christian, MA, LAMFT

Lauren Flood, MA, MFT

Jean Heitzman, MSW, LICSW - M

(Office located at Kiesler Wellness Center 326-5114)

Ana Pereira, MA, LMFT

Linh Scally, MSW, LGSW

John White, MA, LMFT

Brandi Worrath, MS, LPCC

Thomas Kafalas, MD

Marla Fix, MSW, LGSW

Brian Navratil, MS, LAMFT

**NCC continued…**

Tabbatha Litchke, MS, ED

Kirstiane Bilyeu, MSW, LGSW

Brea Wallaker, MSW, LGSW

Laura Larsen, MSW, LGSW

Kayla Meyer, MS

Mandi Shimek, MA, LPCC

Lisa Fox, MA

Angela Pellerito, MS, RN, PMHNP M

**North Homes Mental Health Clinic:** 218-327-3000

Becky Zidarich, MA

Dr. Donnie Farnsworth, PH.D, LP M

Dr. Lindsay Kujawa PH.D

Jennifer Kliewer, MSW, LGSW

Jennifer Moreland, MS, LAMFT

Lisa Corradi, MSW, LICSW

Colbi Ikola, MS

Colin Heglund, MA, LP

Eric Nance, MSW, LICSW

Jonathan Friedt, MA, LMFT

Kathy Faver, MSW, LICSW

Kirsten Craft, MA, LPC

Nicole Brenny, MS, LPC

Richard William Faver, MA, LP

Sarah Baker, MSW, LICSW

Susan Kramer, MS, LPCC

**Pamela Johnson LP:** 218-327-9336

Psychologist dealing with adults, families, and children.

**Providence Psychiatry Services:** 218-246-6286

Jean Vaneps, CNP

Family psychiatric, specializes in psychiatric disorders including: depression, anxiety, bipolar disorder, schizophrenia, OCD, PTSD, ADHD, autism, ODD, etc. Ages 5+

**Stapleton Psychological Services:** 218-326-5694

Kenneth Stapleton LP

Providing individual, adult and kids 13+ counseling.

**Stenlund Psychological Services:** 218-327-8937

Bryan Stenlund MS, LP

Jeff Olds, MSW, LICSW

Valerie Hawkinson LGSW

Laura Nikkel MS

Providing services for adults, children, blended families, chemical dependency issues, ADHD, marital stress management, depression and anxiety, pain management, and anger management services. 3 case managers are also on staff

**Toonstra Psychological Services:** 218-259-7424

Psychologist with emphasis on evaluation/testing services as well as individual, family, and couples counseling services.

**Thomas Counseling and Wellness Center, LLC:** 218-360-5503

Michelle Rinne, MS Ed., Psychologist

Cindy Lee Thomas MSW M

**Out of Area Providers:**

**Range Mental Health**: ARMHS, Case Management, Psychologists, Psychiatrists, Counseling Services

**Hibbing Office**: 800-450-2273 or 218-262-3107

**Virginia Office:** 800-450-2273

**Mental Health Services: Lakeland Psychiatry Clinic:** (St. Joseph’s Medical Center-Brainerd) 218-828-7394

**Other Mental Health:**

**Adult Rehabilitative Mental Health Services** –ARMHS

**NHS – Northstar Specialized Services:** 218-447-7160

Located at 501 S. Pokegama Ave, Grand Rapids.

**Northland Counseling Center:** 218-326-1274 or

1-800-450-1274

**Nystrom and Associates:** (Brainerd) 218-829-9307

**Adolescent Targeted Case Management–**

**Ross Resources**: 326-6434

**Children’s Mental Health:** 327-4886 ext. 110

**North Homes:**  327-3000

**Adult Targeted Case Management-**

**Stenlund Psychological Services**– 327-8937

**Northland Counseling Center**– 326-1274

**North Homes**– 999-9908

**Developmentally Disabled Targeted Case Management-**

**Itasca County Social Services:**  327-2941

**Nystrom & Associates** (Brainerd/Baxter),: 218-829-9307

**Lakeland Psychiatry Clinic:** (St. Joseph’s Medical Center Brainerd)

218-828-7394

**Lisa Riggs CNP:** 218-999-9832

Ages 13+ M

**Stepping Stones Child and Family Services LLC:**

Kelly Chandler – 218-301-9122

**Trauma Certified Providers:**

<https://tfcbt.org/members/>

**North Homes Mental Health Clinic:** 218-999-9908

Jennifer Sheppard, MSW, LICSW M

Katie Rubesh, MSW, LICSW M not taking new clients

Amy Mallum, MSW, LICSW M

**Medical Providers:**

**Bigfork Valley** 218-743-3177

**Essentia-Deer River** 218-246-8275

**Grand Itasca Clinic** 218-326-7344

**Grand Itasca Hospital** 218-326-3401

**Meridian Medical Clinic**-Grand Rapids 218-999-7000

**Fairview Mesaba Clinic**-Nashwauk 218-885-2858

**Partial Hospitalization Program:**

**Fairview Range Medical Center:** 218-362-6672

Intensive day treatment for clients that don’t meet hospitalization but are not safe to be at home during the day.



**Itasca County Mental Health Providers**

**Resource Guide**

Updated 3/14/2018 M – Medicare