


Mental Health Providers:


Anderson Jore Counseling: 218-326-9781

Renee Jore Anderson, MS, LMFT, LADC

Mark Anderson, LADC

Victoria Beck, LICSW 

Children's Behavioral Health Services:

218-326-999-9690 

Children's Mental Health Services:

218-327-4886

Lynette Schmidt MSW, LICSW 

Beth Prewett PsyD, LPCC

Dr. William Larsen, PhD, LP

Jessie Perkavich, MS LPCC

Tasha Connelly, MA, MFT

Michael Harbin, MSW, LGSW

Kelsey Unger, MS LPCC

Jollene Latvala, MSW, LGSW

Melissa Weidendorf, MS

Jenny Farber, MSW, LGSW

Kathy Field-Tabaka, MSW, LICSW

Compass North Psychological Services Inc: 218-999-0051

Valerie Hawkinson – MSW, LICSW

Penny Jacobson – MS

Laura Nikkel – MS, LPCC

Alexander Meyer – MS, MSW, LGSW, LADC

Katherine Crowe – BS, MHP

Tracey (DeLuca) Bray – BS, MHP

Lindsey Wald – BSW, MHP

Essentia Health – Deer River: 218-246-8275

Tele-Psych for current patients

Heather Rhodes, MS, LP: 218-327-0887

Psychologist providing services including dealing with anxiety, panic, stress, depression, grief and loss, and chronic pain.

Jeff Olds, LICSW 218-743-3232 Option 1

J. Hill Psychological Services 218-999-7552

Lakeview Behavioral Health: 218-302-4468

Psychiatric consultations, med management, and telepsychiatry. Ages 12+

Philip Valdez, Psy.D., LMFT, LADC

Ann Olsen, BS, LADC

Karl Olsen, LADC, ADC-MN

Dawna Mclaughlin, LADC

Thomas Johnson, CNP

Elizabeth Erickson, LADC

Louise Dewey, APRN, PMHNP-BC

Dana Butler, LMFT

Lisa Bildeaux, therapist intern

Maria Asplund, LADC intern

Lakeview Behavioral Health South location (Rapids Counseling): 218-327-

2001 Alcohol and drug counseling.

Lisa Adamich, MS, LICSW: 218-259-9417

Works with individuals and family therapy.

Loie Meyer, MA, LMFT: 218-327-7267


Marriage and family therapy.

Mary Linnihan, LP: 218-244-9414

Psychologist dealing with adults and adolescents with anxiety, depression, grief, EMDR, and relationship issues.

Modern M.O.j.O: 218-999-7750

Tracy Zimmerman-Deschepper, APRN

Medication management, therapy, and testing services. 

Northland Counseling Center: 218-326-1274

Jennifer Alstad, MS. ED., LMFT

Angie Baratto, MA, LPCC

Jean Hetzman, MSW, LICSW 

(Office located at Kiesler House 326-5114)

Ana Pereira, MA, LMFT

Linh Scally, MSW, LGSW

John White, MA, LMFT

Brandi Worrath, MS, LPCC

Thomas Kafalas, MD

Marla Fix, MSW, LGSW

Brian Navratil, MS, LAMFT

Tabbatha Litchke, MS, ED

Northland Continued...

Kirstiane Bilyeu, MSW, LGSW


Brea Wallaker, MSW, LGSW

Laura Larsen, MSW, LGSW

Kayla Meyer, MS

Mandi Shimek, MA, LPCC

Lisa Fox, MA

Angela Pellerito, MS, RN, PMHNP 

Bradley R. Nelson 218-313-1134

North Homes Mental Health Clinic: 218-327-3000

Becky Zidarich, MA

Dr. Lindsay Kujawa PH.D

Jennifer Kliewer, MSW, LGSW

Stacy Olson

Pamela Johnson LP: 218-327-9336

Psychologist dealing with adults, families, and children.

Providence Psychiatry Services: 218-246-6286

Jean Vaneps, CNP

Family psychiatric, specializes in psychiatric disorders including: depression, anxiety, bipolar disorder, schizophrenia, OCD, PTSD, ADHD, autism, ODD, etc. Ages 5+

Speak Easy Counseling: 218-245-5073

Melissa Weidendorf LPCC

Life transitions, trauma, and PTSD.

Stapleton Psychological Services: 218-326-5694

Kenneth Stapleton LP


Providing individual, adult and kids 13+ counseling.

Toonstra Psychological Services: 218-259-7424

Psychologist with emphasis on evaluation/testing services as well as individual, family, and couples counseling services.

Thomas Counseling and Wellness Center, LLC: 218-360-5503

Michelle Rinne, MS Ed., Psychologist

Cindy Lee Thomas MSW 

Out of Area Providers:

Range Mental Health: ARMHS, Case Management, Psychologists, Psychiatrists, Counseling Services

Hibbing Office: 800-450-2273 or 218-262-3107

Virgina Office: 800-450-2273

Mental Health Services: Lakeland Psychiatry Clinic: (St. Joseph's Medical Center-Brainerd) 218-828-7394

Other Mental Health:

Adult Rehabilitative Mental Health Services –ARMHS

NHS – Northstar Specialized Services: 218-447-7160

Located at 501 S. Pokegama Ave, Grand Rapids.

Northland Counseling Center: 218-326-1274 or

1-800-450-1274

Nystrom and Associates: (Brainerd) 218-829-9307

Adolescent Targeted Case Management–

Ross Resources: 326-6434

Children's Mental Health: 327-4886 ext. 110

North Homes: 327-3000

Adult Targeted Case Management-

Stenlund Psychological Services– 327-8937

Northland Counseling Center– 326-1274

North Homes– 999-9908

Developmentally Disabled Targeted Case Management-


Itasca County Social Services: 327-2941

Nystrom & Associates (Brainerd/Baxter),: 218-829-9307

Lakeland Psychiatry Clinic: (St. Joseph's Medical Center Brainerd)

218-828-7394

Lisa Riggs CNP: 218-999-9832

Ages 13+ 


Stepping Stones Child and Family Services LLC:

Kelly Chandler – 218-301-9122

Trauma Certified Providers:

<https://tfcbt.org/members/>

North Homes Mental Health Clinic: 218-999-9908

Jennifer Sheppard, MSW, LICSW 

Katie Rubesh, MSW, LICSW  not taking new clients

Amy Mallum, MSW, LICSW 

Medical Providers:

Bigfork Valley 218-743-3177

Essentia-Deer River 218-246-8275

Grand Itasca Clinic 218-326-7344

Grand Itasca Hospital 218-326-3401

Meridian Medical Clinic-Grand Rapids 218-999-7000

Fairview Mesaba Clinic-Nashwauk 218-885-2858

Partial Hospitalization Program:

Fairview Range Medical Center: 218-362-6672

Intensive day treatment for clients that don't meet hospitalization but are not safe to be at home during the day.



Itasca County Mental Health Providers
Resource Guide

