**Mental Health Providers:**

**Anderson Jore Counseling:** 218-326-9781

 Renee Jore Anderson, MS, LMFT, LADC

 Mark Anderson, LADC

 Victoria Beck, LICSW M

**Children’s Behavioral Health Services:**

218-326-999-9690 M

**Children’s Mental Health Services:**

218-327-4886

 Lynette Schmidt MSW, LICSW M

 Beth Prewett PsyD, LPCC

 Dr. William Larsen, PhD, LP

 Jessie Perkavich, MS LPCC

 Tasha Connelly, MA, MFT

 Michael Harbin, MSW, LGSW

 Kelsey Unger, MS LPCC

 Jollene Latvala, MSW, LGSW

 Melissa Weidendorf, MS

 Jenny Farber, MSW, LGSW

 Kathy Field-Tabaka, MSW, LICSW

**Compass North Psychological Services Inc:** 218-999-0051

 Valerie Hawkinson – MSW, LICSW

 Penny Jacobson – MS

 Laura Nikkel – MS, LPCC

 Alexander Meyer – MS, MSW, LGSW, LADC

 Katherine Crowe – BS, MHP

 Tracey (DeLuca) Bray – BS, MHP

 Lindsey Wald – BSW, MHP

**Essentia Health – Deer River:** 218-246-8275

Tele-Psych for current patients

**Heather Rhodes, MS, LP:** 218-327-0887

Psychologist providing services including dealing with anxiety, panic, stress, depression, grief and loss, and chronic pain.

# **Jeff Olds, LICSW** 218-743-3232 Option 1

**J. Hill Psychological Services** 218-999-7552

**Lakeview Behavioral Health:** 218-302-4468

Psychiatric consultations, med management, and telepsychiatry. Ages 12+

Philip Valdez, Psy.D., LMFT, LADC

Ann Olsen, BS, LADC

Karl Olsen, LADC, ADC-MN

Dawna Mclaughlin, LADC

Thomas Johnson, CNP

Elizabeth Erickson, LADC

Louise Dewey, APRN, PMHNP-BC

Dana Butler, LMFT

Lisa Bildeaux, therapist intern

Maria Asplund, LADC intern

**Lakeview Behavioral South location (Rapids Counseling):** 218-327-2001 Alcohol and drug counseling.

**Lisa Adamich, MS, LICSW:** 218-259-9417

Works with individuals and family therapy.

**Loie Meyer, MA, LMFT:** 218-327-7267

Marriage and family therapy.

**Mary Linnihan, LP:** 218-244-9414

Psychologist dealing with adults and adolescents with anxiety, depression, grief, EMDR, and relationship issues.

**Modern M.O.j.O:** 218-999-7750

 Tracy Zimmerman-Deschepper, APRN

Medication management, therapy, and testing services. M

**Northland Counseling Center:** 218-326-1274

 Jennifer Alstad, MS. ED., LMFT

 Angie Baratto, MA, LPCC

 Jean Heitzman, MSW, LICSW - M

(Office located at Kiesler House 326-5114)

 Ana Pereira, MA, LMFT

 John White, MA, LMFT

 Brandi Worrath, MS, LPCC

 Thomas Kafalas, MD

 Marla Fix, MSW, LGSW

 Brian Navratil, MS, LAMFT

 Tabbatha Litchke, MS, ED

**Northland Continued…**

 Kirstiane Bilyeu, MSW, LGSW

 Brea Wallaker, MSW, LGSW

 Laura Larsen, MSW, LGSW

 Kayla Meyer, MS

 Mandi Shimek, MA, LPCC

 Lisa Fox, MA

 Angela Pellerito, MS, RN, PMHNP M

 Bradley R. Nelson 218-313-1134

**North Homes Mental Health Clinic:** 218-327-3000

 Becky Zidarich, MA

 Dr. Lindsay Kujawa PH.D

 Jennifer Kliewer, MSW, LGSW

 Stacy Olson

**Pamela Johnson LP:** 218-327-9336

Psychologist dealing with adults, families, and children.

**Providence Psychiatry Services:** 218-246-6286

 Jean Vaneps, CNP

Family psychiatric, specializes in psychiatric disorders including: depression, anxiety, bipolar disorder, schizophrenia, OCD, PTSD, ADHD, autism, ODD, etc. Ages 5+

**Stapleton Psychological Services:** 218-326-5694

 Kenneth Stapleton LP

Providing individual, adult and kids 13+ counseling.

**Toonstra Psychological Services:** 218-259-7424

Psychologist with emphasis on evaluation/testing services as well as individual, family, and couples counseling services.

**Thomas Counseling and Wellness Center, LLC:** 218-360-5503

 Michelle Rinne, MS Ed., Psychologist

 Cindy Lee Thomas MSW M

**Well:** 218-999-9660

 Linh Scally, MSW, LGSW

 Lauren Flood LMFT

 Jim Christian MA, LAMFT

**Out of Area Providers:**

**Range Mental Health**: ARMHS, Case Management, Psychologists, Psychiatrists, Counseling Services

**Hibbing Office**: 800-450-2273 or 218-262-3107

**Virgina Office:** 800-450-2273

**Mental Health Services: Lakeland Psychiatry Clinic:** (St. Joseph’s Medical Center-Brainerd) 218-828-7394

**Other Mental Health:**

**Adult Rehabilitative Mental Health Services** –ARMHS

**NHS – Northstar Specialized Services:** 218-447-7160

Located at 501 S. Pokegama Ave, Grand Rapids.

**Northland Counseling Center:** 218-326-1274 or

1-800-450-1274

 **Nystrom and Associates:** (Brainerd) 218-829-9307

**Adolescent Targeted Case Management–**

**Ross Resources**: 326-6434

**Children’s Mental Health:** 327-4886 ext. 110

**North Homes:**  327-3000

**Adult Targeted Case Management-**

**Stenlund Psychological Services**– 327-8937

**Northland Counseling Center**– 326-1274

**North Homes**– 999-9908

**Developmentally Disabled Targeted Case Management-**

**Itasca County Social Services:**  327-2941

**Nystrom & Associates** (Brainerd/Baxter),: 218-829-9307

**Lakeland Psychiatry Clinic:** (St. Joseph’s Medical Center Brainerd)

218-828-7394

**Lisa Riggs CNP:** 218-999-9832

Ages 13+ M

**Stepping Stones Child and Family Services LLC:**

Kelly Chandler – 218-301-9122

**Trauma Certified Providers:**

<https://tfcbt.org/members/>

**North Homes Mental Health Clinic:** 218-999-9908

 Jennifer Sheppard, MSW, LICSW M

 Katie Rubesh, MSW, LICSW M not taking new clients

 Amy Mallum, MSW, LICSW M

 **Medical Providers:**

**Bigfork Valley** 218-743-3177

**Essentia-Deer River** 218-246-8275

**Grand Itasca Clinic** 218-326-7344

**Grand Itasca Hospital** 218-326-3401

**Meridian Medical Clinic**-Grand Rapids 218-999-7000

**Fairview Mesaba Clinic**-Nashwauk 218-885-2858

**Partial Hospitalization Program:**

**Fairview Range Medical Center:** 218-362-6672

Intensive day treatment for clients that don’t meet hospitalization but are not safe to be at home during the day.



**Itasca County Mental Health Providers**

**Resource Guide**

 Updated 10/18/2019 M – Medicare