**Mental Health Providers:**

**Children’s Behavioral Health Services** 999-9690 M

**Children’s Mental Health Services** 327-4886

Lynette Schmidt **MSW LICSW M**

Beth Prewett, PsyD, MS, LPCC

Dr. William Larsen, LP

Darra Bonhman, MSW, LGSW

Jessie Perkovich, MS, LPCC

Jenny Mielke, MSW, LGSW

Tasha Connelly, MA, MFT

Mike Harbin, MSW LGSW

Jennifer Kendall, MA, LMFT

Kelsey Unger, MS, LPCC

Jollene Latvala, MSW,LGSW

Melissa Weidendorf, MS, CMHC

**Essentia Health-Deer River**, Tela-Psych for current patients (psych services via video conference) 246-8275

**Lisa Adamich**: Works with individuals and family theraphy, 259-9417

**Pamela Johnson**: Psychologist dealing with Adults, Families, and Children. Grand Rapids, 327-9336

**Mary Linnihan**: Psychologist dealing with adults and adolescents with anxiety, depression, grief, EMDR, and relationship issues

244-9414

**Thomas Counseling and Wellness Center, LLC**: Michele Rinne, MS, Ed., Psychologist and Cindy Lee Thomas MSW M

—Call for appointment—218-360-5503

**Northland Counseling Center**, 326-1274

Angela Baratto, MA, LPCC

Jean Heitzman, MSW, LICSW

John White, MA, LAMFT

Brandi Worrath, MS, LPC

Thomas Kefalas, M.D., Psychiatrist M

Linh Scally, MSW, LGSW

Jennifer Alstad, MS, Ed., LMFT

Ana Pereira, MA, LMFT

Lauren Flood, MA, MFT

**Bradley R. Nelson**: Provides individual counseling, assessment, evaluation and education, 326-0783

**Rapids Counseling**: Alcohol and Drug Counseling, 327-2001

**Heather Rhodes:** Psychologist providing services including dealing with anxiety, panic, stress, depression, grief and loss, and chronic pain, 327-0887

**Stapleton Psychological Services**: Providing individual, adults, and kids 13 + counseling, 326-5694

Renee Jore Anderson, MS, LMFT, LADC

Markl Anderson, LADC

Brian Navratil, MS

Brian Stapleton, MA

Victoria Beck, LICSW M

**Loie Meyer**: MA, LMFT; Grand Rapids 327-7267

**Stenlund Psychological Services:** 3 case managers, 4 therapists (Bryan Stenlund –M.S., LP, and Jeff Olds, MSW, LICSW, and ­­Laura Nikkel—therapist) providing services for adults, children, adolescents, blended families, chemical dependency issues, ADHD, martial stress management, depression and anxiety, pain management, and anger management services. 327-8937

**Janine Hill MS, LMFT**: Trained in Trauma Treatment Psychological Services L.L.C 999-7552

**Toonstra Psychological Services**, Psychologist with emphasis on evaluation/testing services as well as individual, family, and couple counseling services 259-7424

**Lakeview Behavioral Health**, Thomas Johnson, NP—psychiatric consultations, med management, and telepsychiatry. Ages 12+

Alexander Meyer, LGSW, LADC 218-302-4468

**Providence Psychiatry Services:** Jean Vaneps, CNP Family Psychiatric, specializes in psychiatric disorders including Depression, Anxiety, Bipolar Disorder, Schizophrenia, OCD, PTSD, ADHD, Autism, ODD, etc. Ages 5+ 218-246-6286

**North Homes Mental Health Clinic**—327-3000

Dr. Donnie Farnsworth, Psychologist M

Sarah Baker, MSW, LICSW

Mishelle Monerson PSY.D, LP

Stephanie Bumgardner, MSW, LICSW, RPT

Lisa Corradi, MSW, LICSW

Kathy Faver, MSW, LICSW

Richard Faver, MA, LP

Kristen Craft MA

Jon Freidt, MA, LAMFT

Colin Heglund, MA, LP

Colbi Ikola, Outpatient Therapist

Megan Brownlee LPCC

Amy Mallum, MSW, LGSW

Katie Rubesh, MSW, LICSW

Jennifer Sheppard, MSW, LGSW

Alisa Meyer, LADC, CCM

Dana Butler MA, LAMFT

Jennifer Moreland MSW, LICSW

Becky Zidarich, MA

**OUT OF AREA PROVIDERS:**

**Range Mental Health**: ARMHS, Case Management, Psychologists, Psychiatrists, Counseling Services **Hibbing Office**: 800-450-2273 or 218-262-3107

**Virgina Office:** 800-450-2273

**Mental Health Services: Lakeland Psychiatry Clinic** (St. Joseph’s Medical Center-Brainerd) 218-828-7394

**Other Mental Health:**

**Adult Rehabilitative Mental Health Services** –ARMHS

**Northland Counseling Center** 218-326-1274 or 1-800-450-1274  **Nystrom and Associates** (Brainerd) 218-829-9307

**Adolescent Targeted Case Management–**

**Ross Resources**: 326-6434

**Children’s Mental Health** 327-4886 ext. 110

**North Homes**– 327-3000

**Adult Targeted Case Management-**

**Stenlund Psychological Services**– 327-8937

**Northland Counseling Center**– 326-1274

**North Homes**– 999-9908

**Developmentally Disabled Targeted Case Management-**

**Itasca County Social Services**– 327-2941

**Medication Management-**

**Nystrom & Associates** (Brainerd/Baxter), 218-829-9307 **Lakeland Psychiatry Clinic** (St. Joseph’s Medical Center Brainerd) 218-828-7394

**Lisa Riggs CNP** for 13+ 999-9832 M

**Stepping Stones Child and Family Services LLC**

Kelly Chandler – 218-301-9122

**Northland Counseling Center –** 326-1274

Angela Pellerito MS, RN, PMHP-BC M

Tracy Zimmermen-DeSchepper MS, RN, PMHNP M

**Trauma Certified Providers:**

**Northhomes Mental Health Clinic** 999-9908

Jennifer Sheppard M

Katie Rubesh M not taking new clients at this time

Amy Mallum M

<https://tfcbt.org/members/>

**Medical Providers:**

**Bigfork Valley** 218-743-3177

**Esentia-Deer River** 218-246-8275

**Grand Itasca Clinic** 218-326-7344

**Grand Itasca Hospital** 218-326-3401

**Meridian Medical Clinic**-Grand Rapids 218-999-7000

**Fairview Mesaba Clinic**-Nashwauk 218-885-2858

**Chemical Health Services:**

Detox: **Northland Recovery Center** 327-1105

Option # 8 (Grand Rapids)

**Range Treatment Center** 218-741-9120 (Out of Area-Virginia)

**CD Assessments:**

**Rule 25**: For individuals without medical insurance or who are covered by straight MA. This assessment is necessary for funding of treatment. **North Homes** 999-9908

Chemical Health Assessment: For individuals with private medical insurance or PMAPS. You can choose from three agencies: **Rapids Counseling Center** 327-2001, **Northland Counseling Center** 327-1105 or **Ross Resources** 328-6434 for this service.

M = Medicare updated 11/16/2016