

NAMI Grand Rapids Board Meeting Minutes

8 November 2021

1. Meeting called to order at 5:42 by board chair Marian Barcus. Those in attendance include: Marian Barcus, Jeff Carlson, Mark Hager, Tammy Weiher, Peggy Marshall, Jenny Wettersten, Lynn Cochran, Patty Hollycross, and Judy Benham.
2. Mark made a motion to approve August 2021 minutes. Second by Jeff. Motion Carried.
3. Jenny made a motion to approve Treasurer's Report (provided by Mark). Second by Judy. Motion Carried.
4. Committee Reports
 - a. Ed/Outreach
 - i. NAMI MN has 50" presentation on mental health and suicide prevention for students. Marion will pursue getting that sent to schools.
 - ii. Feedback from schools re Kevin Hines? Nothing since the time of the event. Discussion ensued about surveying kids regarding impact/helpfulness.
 - iii. Public Health wishes to present to our board regarding suicide stats/resources in Itasca County – dates are being discussed.
 - iv. Check out "The Art of Wellness 2.0" which Patty posted to NAMI web page
 - v. Future ed topics: eating disorders, helping kids in placement transition as they 'age out,' etc.
 - b. Membership
 - i. Lael Storlie is a candidate for board membership. Peggy & Marian met with her.
 - ii. Mark made a motion to approve Lael Storlie for board membership. Second by Lynn. Motion carried. Peggy to contact Lael and provide board info. Lael to begin attending in February.
 - iii. Peggy and Mark to explore reaching out to expired members.
 - iv. Explore recruiting a board member from Bigfork community. Send names/ideas to Peggy/Marian. Continue to make efforts to recruit BIPOC board members.
 - v. Patty gave notice of board retirement.
5. Old Business
 - a. Appreciation/acknowledgement for founding members Holly Downing/Patty Hollycross. Mark and Jenny to work on this.
 - b. Appreciation/acknowledgement for Tammy (Intern) [Marian]
 - c. Family Support Group Facilitator: Judy Benham > survey developed/distributed by Tammy Weiher (intern)
 - d. 2021 Holiday Gifts Collection/Delivery – consider kids, too. Look into optimal idea for kids, based on recommendations/safety/etc. Marion to consult with Lorna Mix re: kids idea. Need leadership and volunteers for this project. Peggy, Mark, & Lynn to spearhead.
6. New Business
 - a. Suicide Survivors Group collaboration with Kiesler Wellness Center – Judy to cofacilitate.
 - b. Possibility of an "EmPath Unit" at GICH (ER admit of person with mental health needs – specialized care/modified room)? Concern re: emergency mental health care in our community. Discussion re: loss of CRT/wrap around care with onset of hospital

telehealth being used for crisis response. Disservice to mental health clients in crisis. Plan to communicate with CRT, devote time and resources to this cause. Board perceives this to be a high priority matter. Marian to communicate further with Cre Larsen/CRT. Board to develop action plan.

- c. Marion to get name tags for board members, to be worn at events.
 - d. Judy to attend NAMI MN Conference (virtual)
7. Marion adjourned meeting at 7:32 p.m.

Next board meeting: February 14th at 5:30 p.m.

Recorded by: Jenny Wettersten