Veteran Mental Health

Suicide, Risks, and Resilience

Tuesday, May 14th 12:00 - 1:30pm In-person or live Webinar FREE

Join us for a panel discussion by Veterans to share about mental health: suicide, risks, and resilience.

Speakers will share from personal experience and highlight what the data says about our community.

Attendance is FREE and OPEN to the public. The event will be at Kootasca Community Action - Central Square Mall conference room. Virtual option also available. Lunch will be provided to those in-person, 40 max.

Click <u>HERE</u> to register or use the QR code:



Presented by NAMI Grand Rapids in partnership with KOOTASCA Community Action and Itasca County Veterans Services.





Panelists:

Dan Hanson US Marine Corp Veteran, Minneapolis VA Suicide Prevention Coordinator

Dave Hardy Veteran & Parent of Veteran who died by suicide

Joel Kvilvang Veteran, GR VFW Post 1720

Leech Lake Veterans Services

Veterans Crisis Response Team